

Hawk Mountain Weekend Packing List

Items marked with an * are required. All other items suggested.

- All Attendees must be a current member of CIVIL AIR PATROL with a valid Membership Card.
- All attendees must be safety current in eServices prior to arrival and have completed all required Safety and ORM training in eServices.
- For Weekend activities, email completed and signed **CAPF 60-81** (Old CAPF 30), **160** and **161** to hawkmountain@cap.gov at **least 3 days in advance** of the weekend.
http://www.capmembers.com/forms_publications__regulations/forms/
- Members from other Wings and Regions must have authorization from their Wing and Region Commanders. This authorization may be electronic.
- PA Wing members already have Wing Commander and NER Commanders authorization.
- Parental permission is required for all Cadets.
- **Do not mail to PA Wing HQ, as the event is not at the PA Wing address.**
- Each member is responsible for their own testing sheets (Ranger Grade and SQRT Worksheets). You will need to print the SQRT Worksheets you are working on and keep them with you at all times.

Personal Gear –

- ___ Clean ABU or Blue BDU Uniform * (CAPM 39-1)
- ___ Two cloth **masks** or 6 disposable masks*
- ___ Orange hat (Recommended)
- ___ Small pocket knife
- ___ Money for weekend and supplies*
- ___ Wallet with current CAP ID, \$10 fee, and required paperwork*
- ___ Pencils and pens, and a small notebook in zip lock bag*
- ___ Glasses - have a strap for them – do not bring contacts
- ___ Good boots * (in winter months must be insulated waterproof boots)

Safety Gear* – REQUIRED FOR EVERYONE (These can be purchased at HMRS BX)

- ___ Leather work gloves *
- ___ Orange hard hat, with elastic chin strap or nape strap *
- ___ Orange safety vest *
- ___ Eye protection (goggles or safety glasses) *

Day Gear - waterproof packed - last name on everything

- ___ Day pack or military web gear *
- ___ Snack food *
- ___ Eating Utensils *
- ___ 2 canteens, (or 1 canteen and 1 hydration system) *
- ___ Sierra cup or canteen cup
- ___ 2 poncho (or 1 rain suit and 1 poncho) *
- ___ 1" nylon tubular webbing - 15' long
- ___ 2 pr. latex examination gloves *
- ___ Personal first aid kit: (a small one, about 2" x 3") Band-Aids, gauze pads, tape, iodine, first aid cream, moleskin, cough drops, personal medication, alcohol preps, waterless soap and personal hygiene items.*

- ___ Survival kit: metal signal mirror, wooden matches/waterproof with striker, sewing needle & heavy nylon thread, 5' to 10' steel 30 ga. snare wire, small pliers, little candle, butane lighter, fishhook, safety pins, garbage bag, mylar emergency blanket, water purifier tabs, 3' heavy duty aluminum foil (Optional)
- ___ Flashlight and spare batteries *
- ___ Insect repellent (DEET is effective on ticks)
- ___ Sunscreen
- ___ 25' Paracord (or heavy nylon cord)
- ___ Handkerchief
- ___ Roll of white toilet paper in waterproof container*
- ___ Pencils, pens, protractor, mm. Rule
- ___ Silva and/or Lensatic type compass
- ___ Duct tape
- ___ Roll of blazing / surveyors tape
- ___ Extra socks*

Extended Gear - waterproof packed - last name on everything

- ___ Field pack - *
- ___ Sleeping bag - in waterproof, brushproof bag *
- ___ Ground cloth, military poncho, or tarp *
- ___ Foam sleeping pad
- ___ Extra uniform and uniform items (Shirts, socks, underwear etc...)
- ___ Extra field jacket with liner or other cold weather jacket *
- ___ Extra flashlight or headlamp, w/extra batteries
- ___ 5 garbage bags*
- ___ Can opener
- ___ Brillo pad
- ___ Heavy duty aluminum foil 1' to 2'
- ___ **Tent*** COVID restrictions require each student to stay in their own tent. Only family members will be permitted to share.